

# HORNBY ISLAND YOGA RETREATS 2012

Yoga                      Hiking                      Running

Friday March 30 – Monday April 1

Friday May 11 – Monday May 14

MARY LETSON; CERTIFIED TRAINER, OWNER POSITIVELY FIT

YOGA INSTRUCTOR: HORNBY ISLANDER Jennifer Armstrong

Includes 3 nights beachside accommodation, all meals,  
+ 2 private yoga sessions

**\$399 per person(+HST)**

Transportation not included

**Contact Mary Letson to register: 604 947-9601**

**[positivelyfit@telus.net](mailto:positivelyfit@telus.net)**